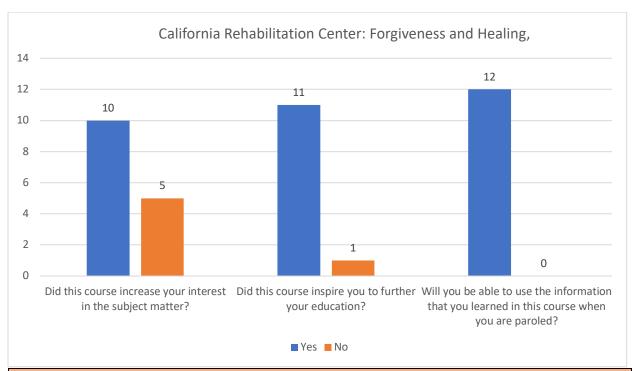
#### **Prison Education Project**



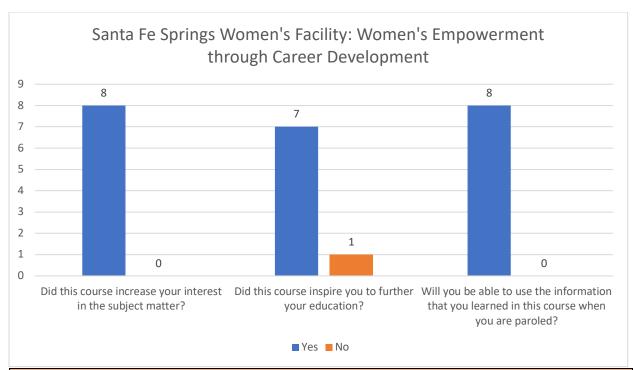
The following Prison Education Project survey data are from courses in various institutions that were taught during the Fall Semester 2023. At the completion of the course, in-custody students were given post-course surveys to complete. These results are from the following correctional facilities: California Rehabilitation Center (Norco, CA), Santa Fe Springs CCTRP Women's Facility (Santa Fe Springs, CA), California Institute for Women (Corona, CA), and Halawa Correctional Facility (Honolulu, HI).



# Forgiveness & Healing Post-Course Comments

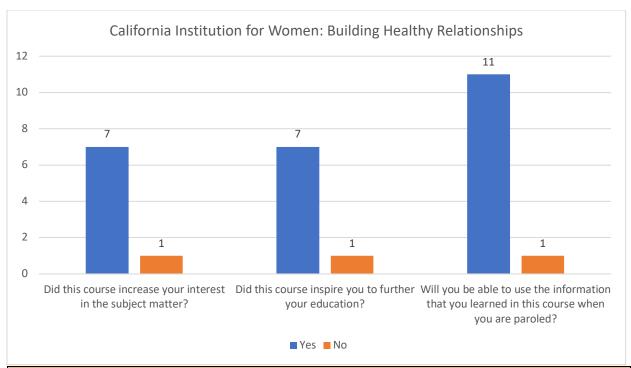
-- I have recommended this class to other inmates here at CRC! And to be really honest there are many inmates who I know and others that I see without asking that are hurting! Yes, at the end of the day we consider ourselves men; men who act hard because of our machismo and what not but at the end of the day we men all have feelings, emotions apart from all the BS that we go through in prison. So, this class can be beneficial to many! Every week I learned something new, and it helped me in my relationship It helps to see and understand any circumstance from a different perspective. One thing I would recommend for this class is to make it longer and have more interactions i.e. breaking into groups, challenging students in different ways to learn and break out of their guards. Overall thank you and keep up the good work.

- -- I really enjoyed how the instructors read our work and wrote positive feedback. How unique! Thank you all for the encouragement.
- -- This was an inspirational program with some good information. The instructors were very helpful and also answered our questions with knowledge. I would take this course again. All of the assessments were good, they were things I didn't know about myself and helped me realize a few things about me.
- -- The program was great. The instructors shared helpful information and insight. I learned a lot from this program, thank you.
- -- I recommend this program to others because it is very welcoming and chill. It helped me with many things but mostly with my thoughts and actions. I learned so much about myself and ideas that can help me change to become better!



## Women's Empowerment Post-Course Comments

- -- Very efficient and informative.
- -- Great experience, thank you.
- -- It was a great course
- -- Informative and helpful.
- -- Informative, it was really good.



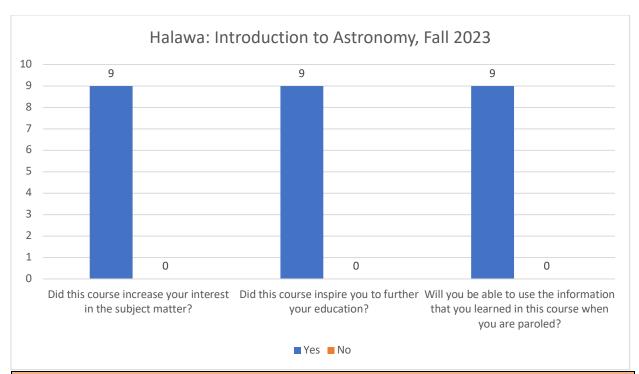
# **Building Healthy Relationships Post-Course Comments**

- -- This course was very interesting and very informative. Thank y'all.
- -- Learned quite a bit.
- -- Great job!
- -- It was very enlightening. Safe to talk, very enjoyable.
- -- It was a grateful, positive, impacting group.



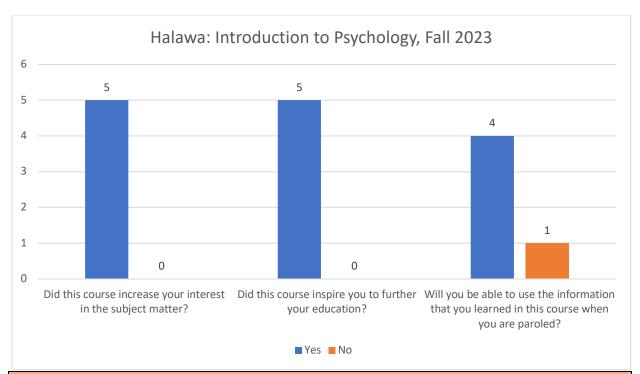
## Women's Empowerment Post-Course Comments

- -- "The instructors were very informed, and they shared that info in a very open and helpful way. The teachings were very interesting, and the discussions were fantastic. VERY highly recommend!"
- -- "It really helped me to understand women's right and how long the struggles have been going on. And I learned a lot of different topics. Like how women are oppressed and exploited."
- -- "Very informative and inspirational. The instructors were phenomenal and motivating."
- -- "Excellent course, discussion and homework quality were perfect. Very great material and facilitators were very motivated, knowledgeable, and encouraging. The subject was perfect for the prison and very appropriate.
- -- "I learned a lot in this class it was amazing. I didn't think this class was going to be so interesting. I learned a lot of things in this class. I knew about woman empowerment but not to this extent. Really glad I learned all of this in this class great eye opener. Amazing women teaching the class also and the feedback on homework is amazing."



## **Introduction to Astronomy Post-Course Comments**

- -- "It was interesting. Thank you for taking the time to teach us."
- -- "It was a very educational and interesting class. Luke and Polina were great teachers. Adding computing programming to the topic list would be cool."
- -- "I am inspired to find true facts, and I'll be able to use this when paroled to educate those who would like to know. To the teachers, thank you very much for your time and knowledge. It was an honor! Everything was great, but more hands-on activities would be awesome!"
- -- "I learned a lot from this course that I did not know. I took science class in 7th grade and learned about the planets, sun universe. This astronomy and planetary science breaks it down by our teachers by different perspectives, time and size scales, wavelength, etc.
- -- "The class was a bit slow in the first few weeks, but we caught a nice stride in the tail end. Teachers were very eager to teach us but some of the requests, we the students asked to learn I felt was off topic, that's why I felt we were slow. Overall, I wish we worked on constellations a little more so I could utilize it more but everything else was interesting. Just with a less practical use.



# **Introduction to Psychology Post-Course Comments**

- -- "Yes! This course breaks down how we act, and what we perceive. Everyone thinks differently, some agree to the same situation but may differ a little. Our brain function and behavior patterns are interesting."
- -- "Yes, I learned to walk away from anger issues. To respect others in here and to learn to be a productive citizen in society, whenever I do get paroled."
- -- "Indeed. A good cursory glance at the over-arching themes of psychology. Perfect for "Introductions."
- -- "My inspiration was not changed. I am highly motivated to further my education towards intervention counseling."
- -- "It helps me better understand youths going through mental health issues and what causes them also how to cope with them."